



—SPA—

M E N U   O F   S E R V I C E S

LOCATED INSIDE LONDONHOUSE CHICAGO

ON THE 4TH FLOOR

# PACKAGES

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## TOTAL RELAXATION

180 MIN \$350

The perfect mix of it all. Enjoy the ultimate customized spa visit with a massage, facial and spa pedicure. This experience will have you glowing from head to toe.

## COUPLES OASIS

95 MIN \$500

Renew and rejuvenate side-by-side for an indulging body melt back therapy infused with hot towels and arnica gel. An exquisite remedy for tired, sore muscles. Conclude with a detox foot wrap to ensure maximum relaxation.

## PERFECT DAY

120 MIN \$580

The best spa day is with the one you love. This package is perfect for any celebration. Allow our expert spa technicians to tailor your experience for you and guest of choice. Alternate your spa package with two customized massages and facials of choice!

Add two spa pedicures for an additional \$150

# SERVICE ENHANCEMENTS

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15 MIN \$35

## EYE CONTOUR TREATMENT

This facial add-on is an intensive treatment designed to reduce puffiness, fine lines and under eye discoloration.

## BODY MELT FOOT THERAPY

Calves and feet are massaged with a stimulating peppermint balm and then cocooned in steaming hot towels to wake up tired feet.

## BODY MELT SCALP THERAPY

Aromatic lime scalp oil is gently warmed and applied vigorously to the scalp, neck and shoulders to stimulate circulation and relieve muscle tension.

## LAVA SHELL THERAPY

Add the relaxing and penetrating elements of a naturally heated massage to your favorite service.

## CHINESE CUPPING THERAPY

Experience this traditional and effective form of Chinese healing. Cupping increases local blood supply, loosens adhesions and knots and moves lymphatic fluids via a negative pressure.



# MASSAGES

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50 MIN \$170 | 80 MIN \$220 | 110 MIN \$270

## SWEDISH

This deeply relaxing treatment, featuring long connective strokes, is designed to ease fatigue and soothe over-stressed nervous systems.

## DEEP TISSUE

More engaged pressure for those who want to feel every nuance of the massage. Firm pressure and thoughtful sequencing for maximum results.

## SPORTS

For the athlete or weekend warrior who needs specific techniques to address performance enhancement or pain-reduction.

## FOCUS

When you really want only a couple areas treated because they really, really need it. Forget doing everything and just focus on what you really want and need. This isn't necessarily symmetrical or formulaic because you're not!

## PRENATAL RESCUE

The perfect massage when you're working twice as hard! Relieve tension, fatigue and swelling. Baby will thank you! Note — this is done in side-lying position with bolsters.

## COUPLES

Receive two customized massages side-by-side. Chit-chat or be silent while therapists customize the perfect massage for your needs.  
*\*price per person*

Get whisked away to pure relaxation at Spa at LondonHouse. With world-class services, technicians and amenities, you will be sure to leave feeling tranquil and rejuvenated.



# FACIALS

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## **CITY LIFE FACIAL**

50 MIN \$170

A breath of fresh air for your skin in a facial that distills all the benefits of the sea to detox and revitalize your skin. The break from pollution's harmful effects eliminates signs of fatigue, brightens your complexion and rehydrates your skin.

## **OLIGOFORCE LUMINATION**

50 MIN \$200

A complete global anti-aging treatment that illuminates the complexion, reduces dark spots and smooths wrinkles. The ideal combination of a peel, a powerful anti-aging serum and a sheet mask rich in elements to infuse the skin with light.

## **XMF SUPREME YOUTH**

80 MIN \$250

The ultimate sensorial experience. A gentle slathering of self-heating marine mud along the spine for total relaxation and optimal detox effects. Phytomer's extra marine filler instantaneously firms and smooths the skins appearance for an immediate radiance.

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# BODY TREATMENTS

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80 MIN \$250 | 110 MIN \$300

## **BODY MELT THERAPY**

The ultimate relaxing experience that combines deep, intensive massage with steaming hot towels. Tension deep within spinal muscles is unraveled with an anti-inflammatory arnica gel in this powerful therapeutic treatment

## **WARM HONEY DRIZZLE**

Start with an invigorating skin brushing followed by a truly unique massage incorporating eco-friendly warm honey to cleanse pores, improve circulation and soothe muscles and joints.

## **SHEA BUTTER BODY QUENCH**

Enjoy a massage with warm organic shea butter, hot towels and a revitalizing exfoliation.

## **HOT STONE**

Enjoy warmth and relaxation at its best. Penetrating heat and soothing massage create a perfect heavenly mixture of healing and revitalization

## **CELLULITE REDUCTION**

Enjoy a full body 80-minute massage while addressing one of these common problem areas: hips, thighs or abdomen. Specific, hands-on cellulite reduction techniques are applied with a thermal cellulite cream and wrap. For best results follow with our cupping add-on service. Add \$30 for each additional area.

## **BODY BRUSH AND SCRUB**

Treat yourself to maximum decadence with skin brushing, scrub and full body massage.

## **FOUR-HAND MASSAGE**

Try something that you'll remember forever. Two therapists, one amazing experience will massage away all worries and aches.

## **MONSOON RITUAL**

Begin with an almond orange nut exfoliation, followed by a white tea mask and scalp treatment concluding with a full body massage.

## **ESPRESSO SCRUB, RUB & CHUG**

Invigorate your mind, body and soul with our espresso body scrub and custom massage. Cleansing espresso beans, antiseptic honey and nourishing oils prepare your skin for the massage. An espresso shot completes this service sending you off to conquer the day.



# NAILS

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## LUXURY GOLD PEDICURE

\$120

Start your experience right with a glass of bubbly. Our gold CBD fizzing soak blasts away any impurities. Raw sugars and essential oils renew the texture of skin and enhance vibrancy. A calming CBD mask is applied to cleanse and soothe skin followed by hot towel treatment. Ending your service with a CBD lotion to keep you moisturized and ready to take on the day.

## COLLAGEN SPA PEDICURE

\$85

Bring your feet back to life with the powerful resorative properties of natural dead sea salt and skin smoothing collagen. Indulge in an aromatic soak infused with natural essential oils, follow with a revitalizing sugar scrub. Our clay mask draws out impurities and added collagen helps maintain skin's youthful beauty.

## EXPRESS PEDICURE

\$60

For guests on the go! Relaxing bubble soak, nail trim, file, cuticle treatment, choice of polish.

## CLASSIC MANICURE

\$45

Simple and classic. This manicure includes nail cleaning, cuticle treatment, nail trim, filed, cuticle moisturization and choice of polish.

## NAIL SERVICE ENHANCEMENTS

\$20

Heat Therapy Jelly Bath  
CBD Collagen Gloves (Hands or Feet)  
Hot Stone

*Payment is due at time of booking.  
LH Spa has a 24-hour cancellation policy.  
These prices are subject to change at anytime for any reason.*

